Seven Habits of Highly Effective Teens:

Chapter 1: Proactivity

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| Reading Pages | Assignment |
| 6 Victim🡪 11 Setback | Create a locus of control diagram for yourself. Write specific people and situations that are external (you are unable to control) as well as internal (you are able to control). |
| 13 Become🡪17 Can Do | Write a contract of 5 ways you can be responsible on a daily basis. Consider things you already do or know you need to do more of. |
| 18 Pause🡪23 Tools in Action | Define the key words on page 23 in your notebook |
| Human Tools | Draw 3-5 of your own human tools in action. Write a sentence or two as to why they are important for you or what function they serve. |
| Finishing Activity | Create a comic strip showing yourself in a situation where you are being proactive. Make it realistic to you—with the people you include, the situation and location, the dialogue, etc. |